

Let's Begin Our Lenten Journey Together!

2nd Annual Women's Retreat

Hosted by Annunciation Greek Orthodox Cathedral
Norfolk, VA

“The Gift of Compassionate Presence” Imitate Christ – Let His Compassion Flow through You!

- RETREAT LEADER:** Presvytera Kerry Pappas, MA, MA, LMFT, Graduate of Holy Cross Greek Orthodox School of Theology
Coordinator for Clergy and Seminarian Couple Care - Center for Family Care of the Greek Orthodox Archdiocese of
America, Licensed Marriage and Family Therapist, Trainer and Facilitator for Prepare Enrich
- WHEN:** March 8-10, 2019 (Cheese Fare Weekend)
- WHERE:** Sheraton Virginia Beach Oceanfront Hotel, 3501 Atlantic Avenue, Virginia Beach, VA 23451
Call 757-425-9000 for reservations. Must mention Annunciation Retreat to obtain group rate of \$109/per room
(w/o tax). Rate of \$109 guaranteed through February 6; after February 6, subject to availability. **CHECK IN 4:00 PM.**
CANCELLATION POLICY 72 HOURS.
- GENERAL SCHEDULE:**
- *Friday, March 8, 4-9:30 pm**
Registration, “Holy Smoke! – Let My Prayer Rise as Incense” (How to Cense at Home), Trisagion, Dinner,
Session 1, Hospitality
 - *Saturday, March 9, 7:30 am to 11:30 pm**
Registration, Breakfast, Session 2, Lunch, Session 3, Craft, Free Time, Dinner, Hospitality/Games
 - *Sunday, March 10, 10:00 am – 2:00 pm**
Liturgy at Annunciation Cathedral, Lunch, Session 4-Closing, and Veneration of Holy Relics
- *Bookstore available throughout weekend.**
- REGISTRATION COST/
DEADLINE** Age: High School and Up
\$75 per person by February 24. \$100 per person after February 24. Registration fee includes 5 meals (Please return
attached meal form.), retreat bag, craft/workshop materials, hospitality food and beverages.
REGISTER EARLY, AS MAXIMUM CAPACITY IS 120!
- *Register and pay on-line: <https://sites.google.com/view/agocwomensretreat>
 - *Call in credit card registration to Cathedral Office at 757-440-0500
 - *Mail registration form and check payable to AGOC (note on check: Women's Retreat) to:
Women's Retreat
Annunciation Greek Orthodox Cathedral
7220 Granby Street, Norfolk, VA 23505
- *Registration assistance available. Confidentially handled by Fr. George Bessinas. Call 757-440-0505.**
- FOR MORE INFORMATION:** Presvytera Chrysanthie Bessinas 847-894-2678 Debbie Woodell 757-853-5930
papathoula@yahoo.com dwoodell3@cox.net

REGISTRATION FORM
WOMEN'S RETREAT March 8-10, 2019
Annunciation Greek Orthodox Cathedral, Norfolk, VA

PLEASE PRINT

NAME: _____
First Last Home Parish/City

ADDRESS: _____
Street City/State Zip

PHONE: (h) _____ (c) _____ EMAIL: _____